

Are our children able to attend with us?

Children are not able to attend the sessions with you as this may prove distracting for you and other parents.

Who runs the programme?

The programme is run by local professionals with experience and understanding of Autism.

Childcare and employment

Under the Employment Act 2002 (Parental Leave), parents of disabled children are entitled to 18 weeks unpaid leave to care for and support their children. For further information please refer to the Working Families website www.workingfamilies.org.uk or telephone 0800 013 0313.

I would like to attend PAT-P, what do I do now?

Please contact us in order to enrol on a programme. Your child needs to be of preschool age, have a diagnosis of Autism and live within Surrey. Some information will be taken and we will invite you to attend a session in your area.

How to join the waiting list for PAT-P in Surrey?

If you would like to add your details to the waiting list for an Information Meeting, please go to the SEND Teaching school website and input your details under PAT-P for Parents.

www.sendteachingschool.co.uk

www.sendteachingschool.co.uk



PAT-P Programme Information for Parents and Carers

A six week parenting support programme for parents and carers of preschool children with autistic spectrum condition



What is PAT-P?

Parenting Autism Together—Preschool Programme is a six week programme for Surrey parents &/or carers of preschool children with autism. PAT-P provides parents and carers with information to support their understanding of autism, strategies to support their child at home and an opportunity to build a network of support with other members of the group.

Is PAT-P for me?

After your child has received a diagnosis of autism you might feel that you need some more support and advice. Attending a PAT-P programme gives parents and carers an opportunity to develop their understanding of autism and to look at practical solutions to managing behaviour.

What does PAT-P cover?

The PAT-P programme comprises of 6 sessions, with 12 hours of delivery.

- Session 1 — Overview of Autism for parents of preschool children
- Session 2 — Communication & Interaction
- Session 3 — Learning and social interaction through play
- Session 4 — Sensory Needs
- Session 5 — Behavioural Needs
- Session 6 — Supporting Daily Activities

What are the aims of the programme?

- Introduction to autism strategies to use at home
- Provides parents with a network of support and a forum to ask questions and share experiences

Who can attend PAT-P?

PAT-P is for parents and carers who are Surrey residents with a preschool child that has a diagnosis of autism. Carers can be anyone with direct involvement with your child e.g. grandparents, uncles, aunts, shared carers or foster carers. It should be noted that a representative from your child's preschool or a childminder can attend the programme with a parent / carer.

Where and when does the group run?

PAT-P is run regularly within Surrey by experienced practitioners. Sessions are held locally on the same day each week and each session lasts two and a half hours. Please contact us to find out when our next courses are running in your area.

Do I have to attend all sessions?

You will gain a lot more from coming to the group if you come to all the sessions because each session builds on the one before. Please do not accept a place on a programme if you don't feel you can commit to the whole course.

Do both parents have to attend the sessions?

We encourage parents and/or carers to attend the sessions together so as everyone benefits from the information. However this isn't always possible and we understand this.

Is there a cost to participating in the programme?

There is a £30 voluntary contribution to the course. The course is funded by Surrey County Council for Surrey residents meeting the criteria.